Coconut-Flavoured Yoghurt

Ingredients:

2 cups of plain or Greek yoghurt

1 cup coconut milk (homemade)

2 tablespoons sugar

1 teaspoon vanilla extract (optional)

3 tablespoons desiccated coconut for texture (optional)

1. In a mixing bowl combine the plain yoghurt coconut milk, sugar and vanilla extract (if using). Also add the desiccated coconut. Whisk the mixture until it becomes smooth and well blended.
2. Taste the mixture and adjust the sweetness by adding more sugar if desired.
3. Put into a clean and sterilised glass jar and place in the fridge to chill and set for at least 4 hours or overnight.
4. Serve cool and enjoy as a refreshing treat or in smoothies.